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PERSONAL INFORMATION

Dr. Nadia Hakim-Fernández

Website and blog: www.mindacademia.net

[LinkedIn profile](#)

[YouTube Channel](#)

Languages read and written: Spanish, French, English.

I am an academic writing mentor, committed to the improvement of the wellbeing of researchers and, therefore, of the university's work culture. I do it through the creation of reflection, planning, and writing communities of practice, within and also independently from academic settings. I regularly facilitate workshops for doctoral students and early career researchers, as well as directed to independent workers in creative fields. I believe in diverse career paths for academic and engaged researchers.

Education

1/2011- 2/2016: Doctorate awarded with *Magna Cum Laude* honours and the Extraordinary Doctorate Award. Doctoral program in Information and Knowledge Society, Interdisciplinary Internet Institute (IN3) - Open University of Catalonia, Barcelona.

Thesis: "A path to the future: Experiences of disadvantage among marginalised youth."

10/2007- 9/2009: Master's Degree in Applied Sociological Research, Autonomous University of Barcelona.

9/2003- 7/2007: Bachelor's Degree in Sociology, Autonomous University of Barcelona.

9/1986- 6/2001: Lycée Français Louis Pasteur, Bogotá, Colombia.

Scholarships and awards

01/2010-01/2014 PhD scholarship, IN3/Open University of Catalonia

10/2016 Special PhD Award 2015-2016 from the Open University of Catalonia for best thesis of the year.

04/2013- 07/2013 Funded research stay, Gino Germani Institute, University of Buenos Aires, Argentina.

Research experience

2020- present	Independent researcher on the effects of writing groups and project development on academic researchers in various career stages. Data analysis and publication writing stage.
09/2015- 09/2018	Postdoctoral researcher on the project "Mobile knowledge freelance workers: an autoethnographical approach" at The Future Making Space, University of Aarhus.
01/2012-12/2012	Researcher. Implementation phase of "YouthMe." European-funded project led by Violeta Quiroga Raimundez, University of Barcelona.
03/2010	Technical support for a group of young people between the ages of 16 and 17 in social intervention workshops through documentary film in a working-class neighbourhood of Barcelona.
07/2009-10/2009	Research consultant. "School-to-work transitions among young people." Project sponsored by the Tarragona Municipal Employment Service (Spain).
03/2008- 10/2010	Researcher in the project: "Urban environments, identity affiliation, and styles: Young immigrants in Catalonia. The view from the municipalities." Funded by the Barcelona City Council (Barcelona Provincial Council).
10/2008- 04/2010	Researcher. "EUMARGINS: On the margins of the European Community. Young adult immigrants in seven European countries." European project led by co-IPs Katrine Fangen, University of Oslo, Carles Feixa, University of Lleida, and Les Back, Goldsmiths University of London.
11/2008	Field researcher. "Economic Transnationalism: Remittances and Entrepreneurship among Bolivian Migrants in Spain," Study Group on Immigration and Ethnic Minorities (GEDIME). Led by Sònia Parella/ Carlota Solé, Autonomous University of Barcelona.
2007	Researcher. "Young immigrants in L'Hospitalet de Llobregat. Styles and cultures in urban environments." Project funded by the City Council of L'Hospitalet de Llobregat (Spain).
10/2007-01/2008	Researcher. "Youth Organizations in Catalonia. The case study of the Latin Kings and Queens in Catalonia." Project led by Oriol Romaní, Rovira i Virgili University (Spain).
10/2007-01/2008	Fieldwork researcher. Project funded by European funds "TRESEGY: Towards a Social Construction of a European Youth-ness: Experiences of Inclusion and Exclusion in the Public Sphere among Second-

Generation Migrant Adolescents.” Led by Fidel Molina and Carles Feixa, University of Lleida (Spain).

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| 2004-2005 | Research assistant at Casal dels Infants del Raval (Social Center of Barcelona), within the framework of the project “INTI (Social Integration of Immigrant Groups in the Raval Neighborhood)”. European Commission, Barcelona. |
| 07-08/2004 | Research assistant at the Gender Affairs Observatory of the Presidential Council for Women's Equality. Bogotá, Colombia. |

Teaching

Associate Professor: “Qualitative Research Techniques,” Bachelor's Degree in Labor Relations, [Second semester 2025]. Open University of Catalonia, Barcelona, Spain.

Associate Professor: “Writing Workshop: disentangle your project and get it done”. Doctorate in Human and Social Sciences, Second semester 2023. National University of Colombia, Bogotá.

Associate Professor: “Sociology,” Bachelor's Degree in Social Sciences and Humanities and Bachelor's Degree in Anthropology, [2 years, 2018-2020]. Open University of Catalonia, Barcelona, Spain.

Guest professor: “Designing and answering research questions through quantitative methods” (2015-2019). Digital Living Master's Program. Information Studies, Department of Aesthetics and Communication. University of Aarhus, Denmark.

Associate professor: “Quantitative Analysis I” (2016), Undergraduate Level. Universidad del Rosario, Bogotá.

Guest lecturer: “Contemporary Approaches to the Study of Youth” (Fall 2015). Inter-university Master's Degree in Youth and Society, Catalonia. University of Girona, Pompeu Fabra University, University of Lleida, Autonomous University of Barcelona, University of Barcelona, Rovira i Virgili University.

Professional experience

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| 01/2018- Present | Founder of Mind Academia (mentoring for research project and career development and writing) and facilitator of individual and group sessions and workshops to support researchers in developing academic writing skills, emotional management, and project, time, and energy management. |
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I also regularly teach workshops for entrepreneurs at different venues inside and outside the university (Red de Viveros de Madrid, Puerta de Innovación, Madrid, and Impact Hub, Madrid).

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| 10/2020- 01/2021 | Research consultant for the Department of Communication at the University of Girona. Design of a 3-year strategic research and publications plan within the Spanish and European funding schemes. |
| 05/2017 | Evaluation consultant on measuring social impact in open science citizen projects. Medialab Prado (now Medialab Matadero, Madrid). |
| 05/2016 | Lead collaborator on the award-winning digital art project Livelab with digital artist Olivia Jack. Interdisciplinary collaborations with digital technologies. Medialab Prado (Madrid). |

Workshop facilitator and research and writing mentor for undergraduate and master's students, doctoral researchers, and postdoctoral fellows:

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| 06/2023
- present | "Untangle your project and achieve your goals: academic writing workshop." Project management, emotional management, and the connection between research and writing for doctoral researchers. National University of Colombia, Bogotá. [I teach students in the doctoral program in Social Sciences and Humanities a bimonthly class/workshop on thesis writing. 4 editions]. |
| 03/2022
- present | "Enjoy the Ride! Writing, Project Management, and Mindset Skills for Doctoral Students," Carlos III University, Madrid. [4 editions] |
| 02/2019
- present | "How to write your bachelor's and master's thesis without dying in the attempt," Faculty of Fine Arts and Design, Complutense University of Madrid. [4 editions] |
| 01/2018
- present | Weekly group writing sessions "Shut up & write" (advanced) and "Connect & write" (beginners). [Ongoing. More than 100 researchers have already participated in these sessions, in small groups]. |
| 07/2025 | "Doctoral writing and well-being workshop." Summer School Week, Doctoral Program in Psychology, University of Seville. |
| 06/2024 | "Well-being and article writing workshop for researchers." Institute of Education Sciences, University of Seville. |

11/2023 & 11/2024	"Crafting a Relevant Master's Thesis: A Guide to Meaningful Research Without Burnout Master's Degree in Design, Faculty of Fine Arts and Design, Complutense University of Madrid.
11/2023	"Academic women's circle: wellness and writing workshop." Institute for Women, University of Seville.
10/2022 - 03/2023	"Academic writing for designers," Design for Play, Kolding School of Design, Denmark.
06/2022	"Own your voice, define your focus, manage your project," online.
03/2020 - 09/2022	"Bullet planner and goal setting: clarify your thoughts, organise your daily work, and procrastinate less," online [4 editions].
02/2018	"Data visualisation for artist-researchers," Faculty of Fine Arts, Complutense University of Madrid.

Pedagogical and scientific communication efforts

I have been writing a blog for six years and have had a YouTube channel for five years.

Blog: www.mindacademia.net

YouTube Channel: <https://www.youtube.com/c/mindacademia>

Oral presentations

11/2025 5th	Congress of the Latin American Association for Writing Studies in Higher Education and Professional Contexts (ALES) & 8th REDLEES International Meeting. "Writing groups for academic outsiders: procedural agency in the interstices of the university," Universidad del Norte, Colombia.
05/2023 11th	Congress of Ordinary Sociology. "The experience of academic writing groups with women: the power of sharing the discomfort of being a woman at university." Reina Sofía Museum, Madrid. [Abstract]
03/2021	EDUMEET International Conference on Transfers for Innovation and Pedagogical Change. "Mind Academia: an innovative intervention of academic writing." ETSAM. Polytechnic University of Madrid/Javeriana University of Bogotá. Online.
23/10/2020	"Walking the fine (and challenging) line between academia and entrepreneurship as an 'entry level' professional and consultant", Doctoral Colloquium at EPIC Conference, Advancing the Value of Ethnography in Industry/Scale. Online.

- 9/02/2018 Congress "Collaboration Management: Between scientific and practice-based approaches" [Gestión de la colaboración: Entre la mirada científica y la acción práctica], Universitat Politècnica de Catalunya (UPC, Barcelona).
- 2-5/09/2014 Congress of Anthropology of the Spanish Federation of Anthropological Associations. 2-5 of September. "The ethnographic study of youth everyday sociability practices: linking the online and the offline" (also in publications).
- 18/12/2013 1st UOC International Research Symposium, Barcelona (Spain). 18 of December. "A path towards the future: youth transitions and experience of social class in a peripheral neighbourhood of Barcelona. A Forthcoming dissertation."
- 1-4/10/2012 ISA World Forum, Buenos Aires (Argentina). 1- 4 of August. "Social geographies and reflexive modernity: The construction of subjectivity among young people in a peripheral neighbourhood of Barcelona".
- 25/10/2012 4th European Communication Conference, ECREA. 25 of October. Istanbul (Turkey). "Young People in a post-industrial area of Barcelona: Social Geographies and Digital Media Oriented Practices".
- July 7-9, 2011 6th Conference on Youth and Society in Europe and the Mediterranean, Barcelona. July 7-9. "Two sides of the same coin: Youth social spaces and identity building. Between offline and online."
- July 13, 2010 RC34.
- ISA World Congress of Sociology, Gothenburg (Sweden). "Life Opportunities for Latin American Young Women in Barcelona: an Application of Amartya Sen's Capabilities Approach."
- 07/17/2010 ISA World Congress of Sociology, Gothenburg, July 17, 2010. "Migration paths, life goals, and the question of identity."

Scientific Publications

Hakim-Fernández, N. (2020). "The creation of workspaces among mobile freelancers." In: Annette N. Markham and Katrin Tiidenberg. Ways of Being in the Digital Age. Peter Lang Publishing.

Sand, A.-L.; Hakim-Fernández, N. (2018). "Ephemeral socialities: social navigation among young Danes." *Kult-ur Magazine*, 5(9), pp. 57-80. ISSN: 2386-5458.

Hakim-Fernández, N. (2017). An experimental autoethnography of mobile freelance work. *Culture and Digital Society*, 3(2), pp. 237-248. ISSN 2364-2122

Sánchez García, J.; Hakim-Fernández, N. (2015b) "What does it mean to be young? Theoretical reflection based on two ethnographic examples." *Quaderns-e*, Catalan Institute of Anthropology, 19(2), 43-57. ISSN: 1696-8298.

Hakim-Fernández, N. (2015a) "Getting back on track: uncertified youths and the experience of school dropping out in daily interactions. An ethnographic approach." An ethnographic approach]. In: Mayer, L.; Llanos, D.; & Unda, R. *School Socialization: Experiences, Processes, and Trajectories*. Quito: Editorial Inti-Raimi. ISBN UPS Ecuador: 978-9978-10-209-1/ ISBN CINDE Colombia: 978-958-8045-30-6

Hakim-Fernández, N. (2014b). "The ethnographic study of youth everyday sociability practices: linking the online and the offline." In: *Proceedings of the XIII Congress of Anthropology of the Federation of Anthropology Associations of Spain*. September 2–5, 2014. ISBN: 978-84-697-0505-6.

Hakim-Fernández, N. (2014a) "The limits of Culture and of Identity Theories: an Interview to Alejandro Grimson." *Journal of Social Anthropology*, Complutense University of Madrid. Madrid, Spain. ISSN: 1131-558X. Indexed in Scopus Emerging Sources Citations Index. Number of citations: 1 (Google Scholar).

Hakim-Fernández, N. (2013) "Digital social networks as places of sociability: reflections from ethnographic research with young people." *Quaderns d'Antropologia de l'Institut Català d'Antropologia*, Vol. 23. Barcelona, Spain. ISSN 0211-5557.

Feixa, C.; Romaní, O.; Hakim Fernández, N. et al. (2010). "Spain: irregular lives in the Southern Rim of Europe." In: Fangen, K. et al. (2010) *Inclusion and Exclusion of Young Adult Migrants in Europe. Barriers and Bridges*. Ashgate Ed., United Kingdom. ISBN: 978-1-4094-0420-0.